# KY Youth Services Satisfaction Caregiver Survey Report 2018 Pennyroyal





In 2018 the Kentucky Cabinet for Health and Family Services (CHFS), Department for Behavioral Health, Development and Intellectual Disabilities (BHDID) conducted this survey to evaluate satisfaction of services delivered at Kentucky's Community Mental Health Centers (CMHCs).

#### Introduction

This document was created as a result of collaboration between two key entities:

- The Kentucky Department for Behavioral Health, Developmental and Intellectual Disabilities (DBHDID) and
- The Community Mental Health Centers (CMHCs)

#### Purpose

The purpose of this document is to evaluate the satisfaction of services delivered by the Community Mental Health Centers (CMHCs) from the consumer's perspective. The source of information reported in this document is aggregated results of a survey.

#### Why This Survey?

The Youth Services Survey for Families (YSS-F) was developed and validated at a national level in part to promulgate data standards that allow for valid results that better inform policy and decisions. The YSS-F is designed as the primary tool to evaluate and include the youth client caregivers' perspectives of public mental health services they have received.

#### Appropriate Use of These Survey Results

The results of this survey are intended to express the aggregated data of respondents' perception of care. This booklet represents the perceptions of a sample of CMHC clients who are actively receiving outpatient services during the time of the survey implementation. The results are not intended to be interpreted as the opinion of all CMHC clients of services received.

This output report includes results about the survey's seven core domains:

Domain	Primary Concerns Related to the Domain			
General Satisfaction	Services were, overall, satisfactory and preferable to other choices			
Access to Services	Staff availability, the range of service options, and how quickly and conveniently services were received			
Cultural Sensitivity	Cultural and linguistic access and whether services promoted recovery and continuity of care			
Participation in Treatment Planning	Clients' participation in planning services. For example, whether the patient, not staff, decided treatment goals			
Outcomes	Services provided patients with positive changes in areas for which treatment was sought and minimal negative outcomes.			
Social Connectedness	Services contributed to improving natural supports which come from family or friends			
Functioning	There was a positive effect on independent community living and decreasing distress caused by symptoms			

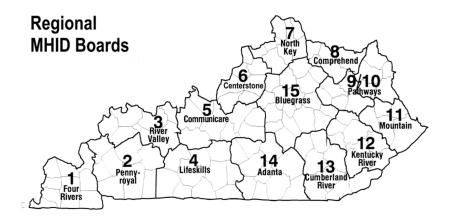
#### State Mental Health Authority

The Kentucky Department for Behavioral Health, Developmental and Intellectual Disabilities (DBHDID) is identified by Kentucky Revised Statute (KRS) 194.030 as the primary state agency for developing and administering programs for the prevention, detection, and treatment of mental health, developmental, intellectual disabilities, and substance use disorders.

DBHDID Website: <a href="http://dbhdid.ky.gov/">http://dbhdid.ky.gov/</a>

#### **Regional Community Programs**

Kentucky is divided into fourteen geographic regions for the purposes of planning and providing publicly funded community mental health services. For each region a Regional Board for Mental Health or Individuals with an Intellectual Disability has been established pursuant to KRS 210.370-210.480 as the planning authority for community mental health programs in the region.



#### **CMHC Profile**



Pennyroyal Center is a comprehensive Community Mental Health Center providing services for Mental Health, Intellectual and Developmental Disabilities and Substance Abuse. Pennyroyal Center has four full service clinics located in Hopkinsville, Madisonville, Greenville and Princeton.

The mission of the Pennyroyal Center is to improve the quality of life for the citizens of this region by planning for and providing services for persons with mental illness, intellectual or developmental disabilities and substance abuse.

The Pennyroyal Center was founded in 1967, but the roots go much deeper. In the 1940's Hopkinsville business man Frank Yost and his wife Ruth took a keen interest in improving care for patients at Western State Hospital. Mrs. Yost helped create many new programs at the hospital including a beauty and barber ship and other services. But they also realized that there was a huge gap in mental health services within their community. In the mid 1950's the Yosts helped create a community mental health clinic which was featured on a live CBS telecast by Edward R. Murrow.

In the 1960's Kentucky became a leading state in creating a statewide network of community mental health centers. The Pennyroyal Center was a result of those efforts and continues in its mission today of providing and planning for services to help the residents of its region in the areas of mental health, substance abuse and intellectual and developmental disabilities.

#### **Counties**

Caldwell, Christian, Crittenden, Hopkins, Lyon, Muhlenberg, Todd, Trigg

#### **Services**

Mental Health Care: Individual Therapy, Group Therapy, Family Counseling, Children's Services, Marital Counseling, Case Management, Therapeutic Rehabilitation Program, Interagency Mobilization for Progress in Adolescent and Children's Treatment (IMPACT), DIVERTS, Therapeutic Foster Care, School Services, Divorcing Parents Workshop, Prevention Services, Domestic Violence, Anger Management, Employee Assistance Program (EAP) Services.

Substance Abuse Programs: Regional Prevention Center, Trilogy Center for Women, Jail Treatment Programs, DUI Assessment and Treatment, Outpatient Treatment.

Intellectual & Developmental Disabilities Programs: Trace Industries, Residential Support, Fist steps, Hart Supported Living, Supported Employment, Case Management, Respite Services, Crisis Prevention & Response.

#### **Links**

Website: www.pennyroyalcenter.org

#### Methodology

The survey was implemented at outpatient clinics operated by the CMHCs. During each summer staff make the survey available to people who arrived for outpatient appointments at selected clinics. Completing the survey was voluntary and had no implications on appointments or services provided.

#### **Survey Penetration Rate**

**Survey Penetration** 

Table 1. Pennyroyal Survey Penetration Rate in State Fiscal Year 2018 (July 1, 2017 - June 30, 2018)				
Number of Youth (Age < 18) Served	2,439			
Number of Surveys Returned	202			
Survey Penetration Rate	8%			

During state fiscal year 2018, 2,439 youth clients visited Pennyroyal. Two hundred two caregivers of youth clients participated in the survey in Pennyroyal, resulting in a 8% penetration rate. (Table 1)

#### Youth Clients' Demographic Characteristics

The demographic profile of youth respondents in Pennyroyal in 2018 is presented below. In this report, youth respondents' demographic characteristics are presented on gender and race.

#### Gender

Table 2. Gender of Youth Respondents	
Male	60%
Female	40%
Total	194

As Table 2 indicates, male respondents outnumber female respondents.

#### Race

Table 3. Race of Youth Respondents		
American Indian / Alaska Native	2%	
Asian	0%	
Black (African-American)	22%	
Hispanic	4%	
Native Hawaiian / Other Pacific Islander	0%	
White (Caucasian)	70%	
Other	6%	
Total	202	

The majority of youth respondents are White (Caucasian) (70%) while 4% of respondents report being of Hispanic descent.

#### Youth Clients' Social/Medical Backgrounds

Child/Youth caregivers who responded to the survey were also asked about living arrangements, school attendance, medical history, and number of months the child/youth received services.

Living Arrangement

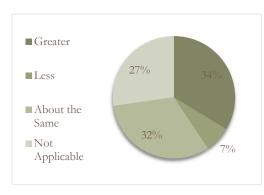
Table 4. Child Is Living with Caregiver	
Yes	94%
No	6%
Total	195

About 94% of respondents indicate that their children are living with them.

Further questions reveal that in the last 6 months, about 73% of youth clients have lived with one or both parents and 12% of children have lived with another family member. (Data not shown)

#### **School Attendance**

Figure 1. The Number of Days Child Was in School Since Beginning Services



services (data not shown).

About 34% of respondents indicated that the number of days their children were in school has increased since they started receiving services (Figure 1) while 15% reported that their children were expelled or suspended after beginning

#### **Medical History**

Figure 2. Medical Doctors (or Nurses) Visits During Last Year

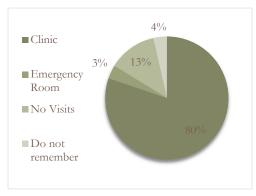


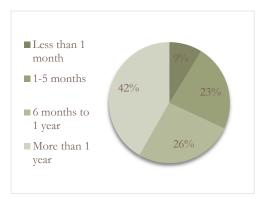
Figure 2 indicates that 80% of youth clients have visited medical doctors (or nurses) for a health checkup or because he/she was sick in the last year.

Also, 76% of respondents reported that their children are receiving medication for

emotional/behavioral problems. Among them, 93% of respondents report that the doctor or nurse shared information about side effects. (Data not shown)

#### Number of Months the Child/Youth Received Services

Figure 3. How Long Child Received Services from the CMHCs



Forty-two percent of respondents report that their children received services from the CMHC for more than 1 year. (Figure 3)

### Comparison of Kentucky to National Averages (2014-2017)

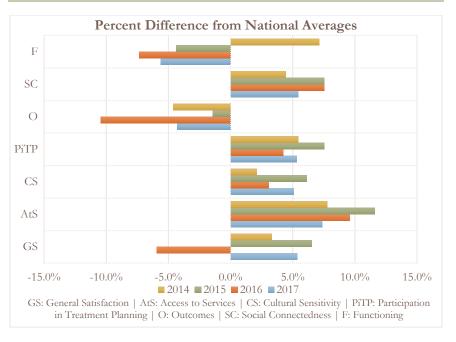


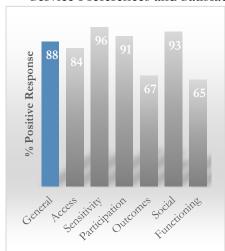
Table 5.	20	14	20	15	20	16	20	17
Percent Positive Reporting	KY	US	KY	US	KY	US	KY	US
General Satisfaction	90	87	92	86	84	89	93	88
Access to Services	90	83	95	84	94	85	95	88
Cultural Sensitivity	95	93	98	92	98	95	98	93
Participation in Treatment Planning	92	87	93	86	94	90	94	89
Outcomes	65	68	69	70	67	74	70	73
Social Connectedness	90	86	93	86	93	86	92	87
Functioning	70	65	69	72	68	73	71	75

# GENERAL SATISFACTION

## Overview

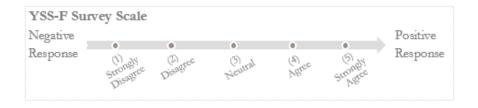
#### **Primary Concerns**

- Provide Satisfaction
- Service Preferences and Satisfaction



Domain Score	(1 to 5)
General Satisfaction	4.38
Access to Services	4.38
<b>Cultural Sensitivity</b>	4.48
Participation in Treatment Planning	4.39
Outcomes	3.79
Social Connectedness	4.41
Functioning	3.80

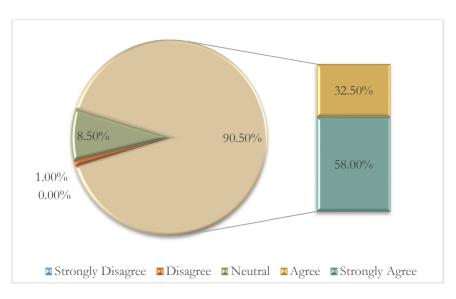
By national standards a domain score of 3.5 or greater indicates that responders, on average, positively perceived the services.



# GENERAL SATISFACTION

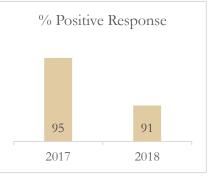
# Overall, I Am Satisfied with the Services My Child Received

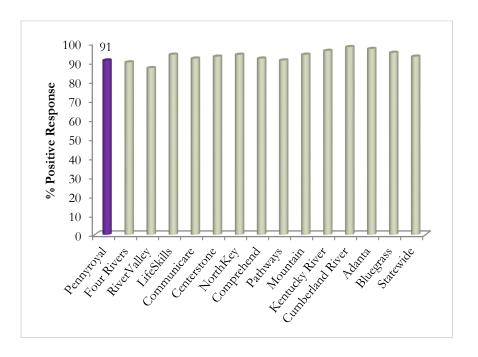
### **Pennyroyal Totals**



About 91% of respondents positively indicated that they were satisfied with the services their child received from the CMHC in 2018.

This is a 4% decrease from 2017.

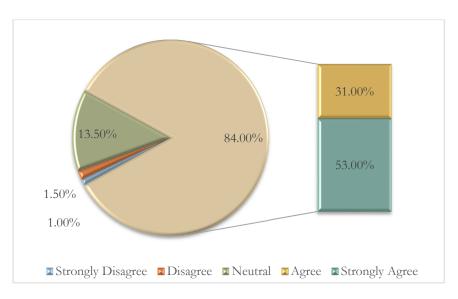




# GENERAL SATISFACTION

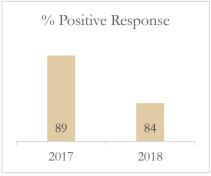
# The People Helping My Child Stuck with Us No Matter What

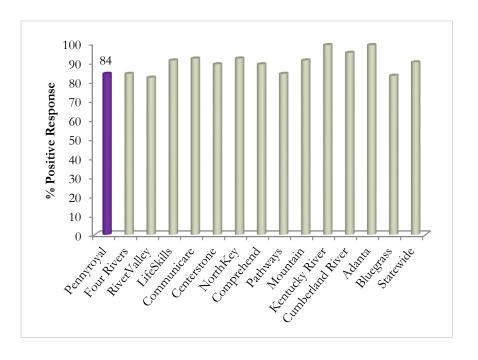
## **Pennyroyal Totals**



About 84% of respondents positively indicated that the people helping their child stuck with them no matter what in 2018.

This is a 5% decrease from 2017.

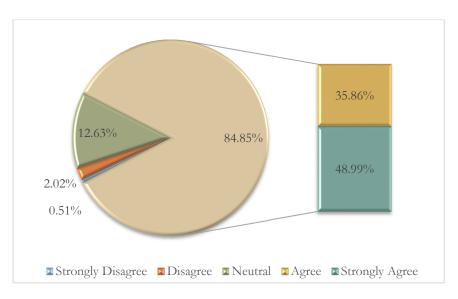




# GENERAL SATISFACTION

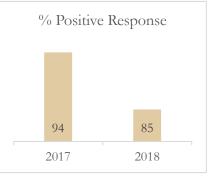
I Felt My Child Had Someone to Talk to When He/She Was Troubled

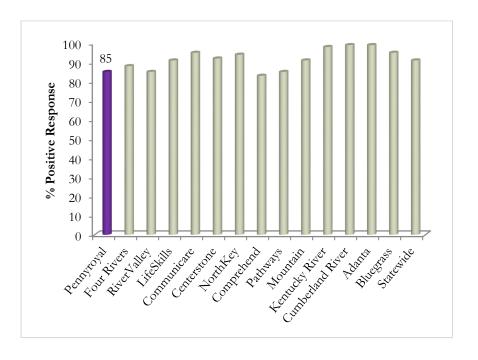
### **Pennyroyal Totals**



About 85% of respondents positively indicated that they felt their child had someone to talk to when he/she was troubled in 2018.

This is a 9% decrease from 2017.

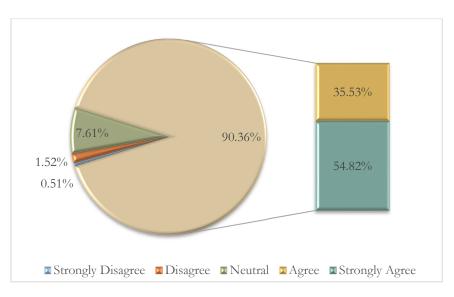




# GENERAL SATISFACTION

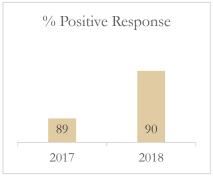
# My Family Got the Help We Wanted for My Child

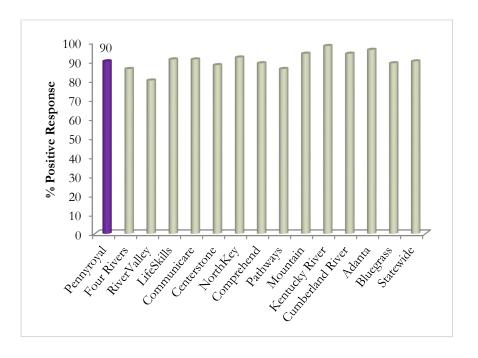
## **Pennyroyal Totals**



About 90% of respondents positively indicated that their family got the help they wanted for their child in 2018.

This is a 1% increase from 2017.

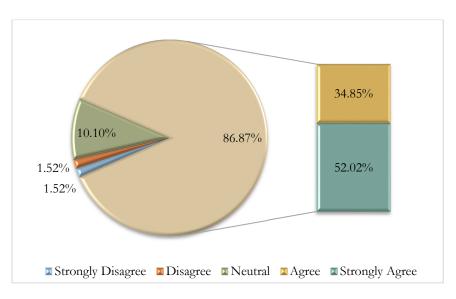




# GENERAL SATISFACTION

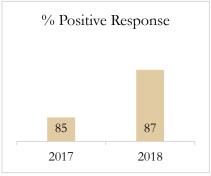
## My Family Got As Much Help As We Needed for My Child

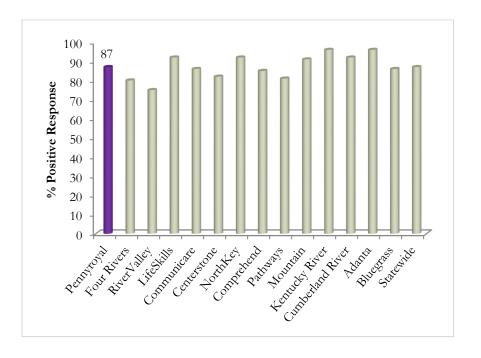
## **Pennyroyal Totals**



About 87% of respondents positively indicated that their family got as much help as they needed for their child in 2018.

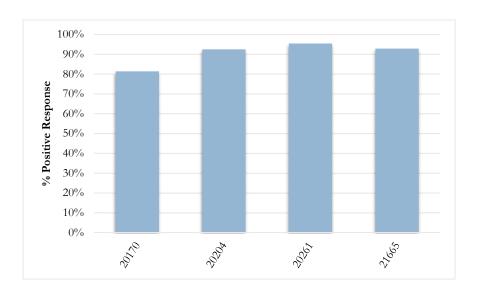
This is a 2% increase from 2017.





# GENERAL SATISFACTION

# Comparison by Site Code

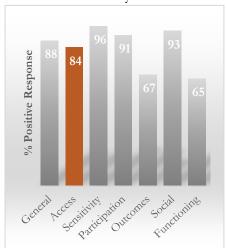


# **ACCESS TO SERVICES**

#### Overview

#### **Primary Concerns**

- Quick and Convenient Entry into Services
- A Full Range of Service Options
- Staff Availability



Domain Score (	1 to 5)
General Satisfaction	4.38
Access to Services	4.38
Cultural Sensitivity	4.48
Participation in Treatment Planning	4.39
Outcomes	3.79
Social Connectedness	4.41
Functioning	3.80

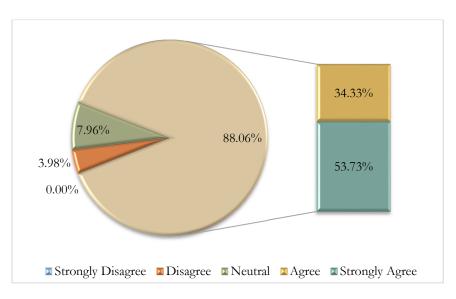
By national standards a domain score of 3.5 or greater indicates that responders, on average, positively perceived the services.



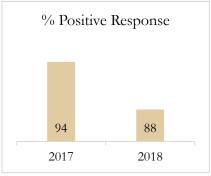
# **ACCESS TO SERVICES**

The Location of Services Was Convenient for Us

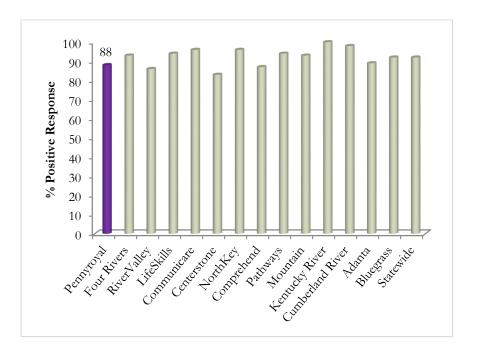
## Pennyroyal Totals



About 88% of respondents positively indicated that the location of services was convenient (parking, public transportation, distance, etc.) in 2018.



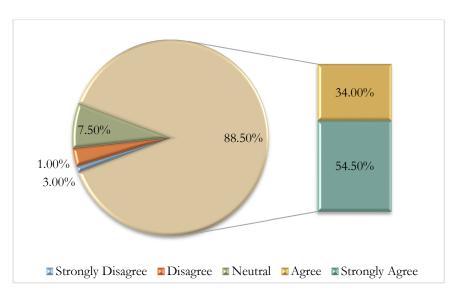
This is a 6% decrease from 2017.



# **ACCESS TO SERVICES**

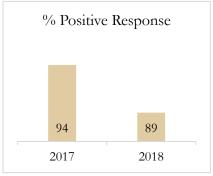
# Services Were Available at Times That Were Convenient for Us

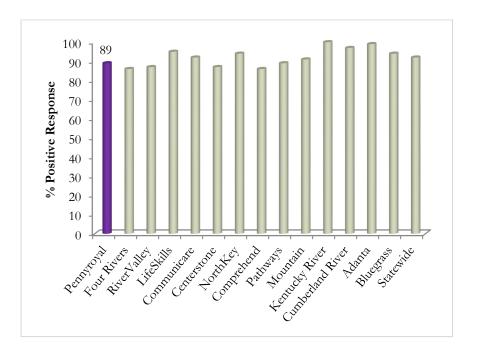
### **Pennyroyal Totals**



About 89% of respondents positively indicated that services were available at times that were convenient for them in 2018.

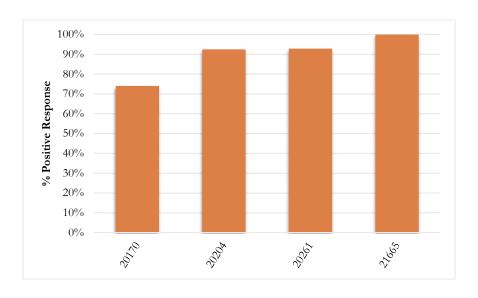
This is a 5% decrease from 2017.





# **ACCESS TO SERVICES**

# Comparison by Site Code

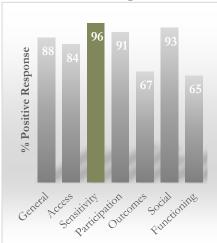


# CULTURAL SENSITIVITY

## Overview

#### **Primary Concerns**

- Respectful Staff
- Cultural and Linguistic Access



Domain Score	(1 to 5)
General Satisfaction	4.38
Access to Services	4.38
<b>Cultural Sensitivity</b>	4.48
Participation in Treatment Planning	4.39
Outcomes	3.79
Social Connectedness	4.41
Functioning	3.80

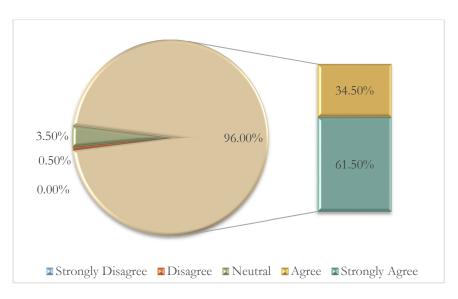
By national standards a domain score of 3.5 or greater indicates that responders, on average, positively perceived the services.



# **CULTURAL SENSITIVITY**

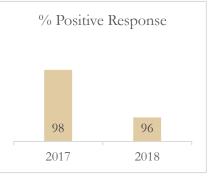
## Staff Treated Me with Respect

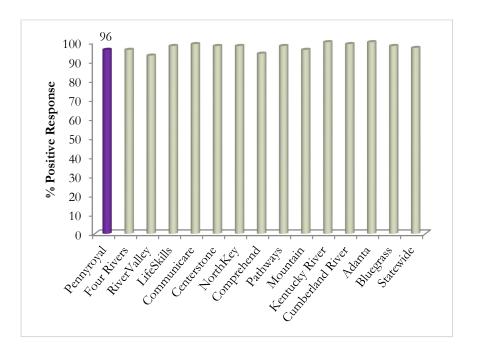
### **Pennyroyal Totals**



About 96% of respondents positively indicated that staff treated them with respect in 2018.

This is a 2% decrease from 2017.

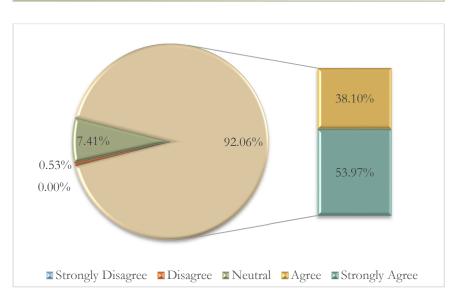




# **CULTURAL SENSITIVITY**

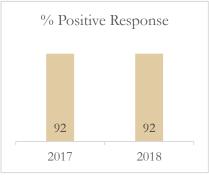
# Staff Respected My Family's Religious/Spiritual Beliefs

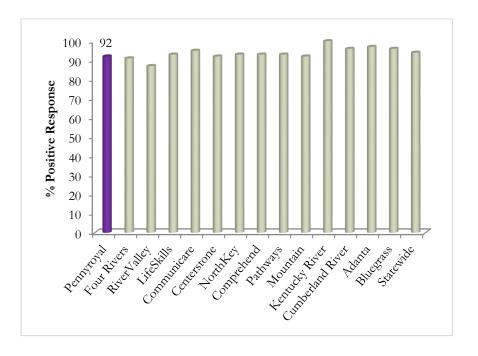
### **Pennyroyal Totals**



About 92% of respondents positively indicated that staff respected their family's religious/spiritual beliefs in 2018.

This is about the same as 2017.

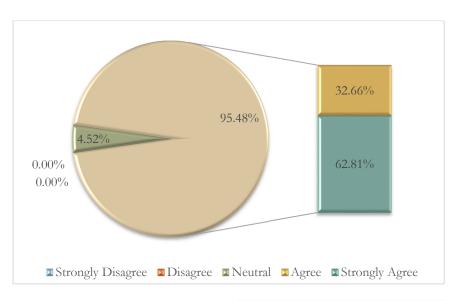




# **CULTURAL SENSITIVITY**

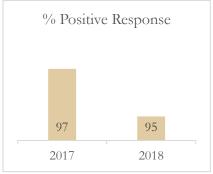
# Staff Spoke with Me in a Way That I Understood

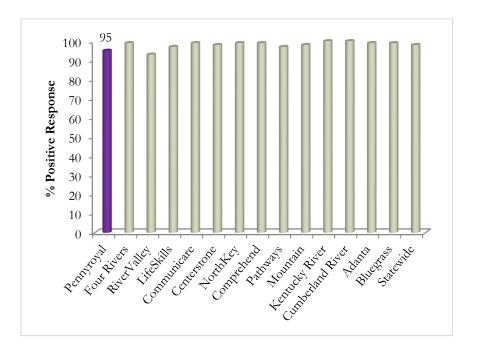
### **Pennyroyal Totals**



About 95% of respondents positively indicated that staff spoke with them in a way that they understood in 2018.

This is a 2% decrease from 2017.

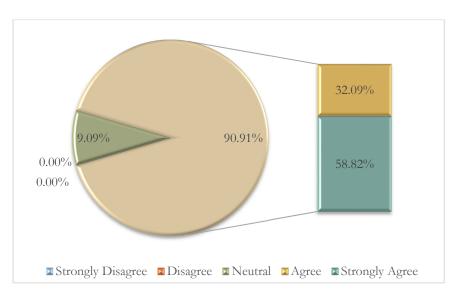




# CULTURAL SENSITIVITY

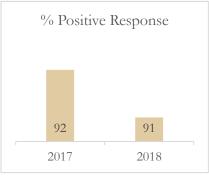
## Staff Were Sensitive to My Cultural/Ethnic Background

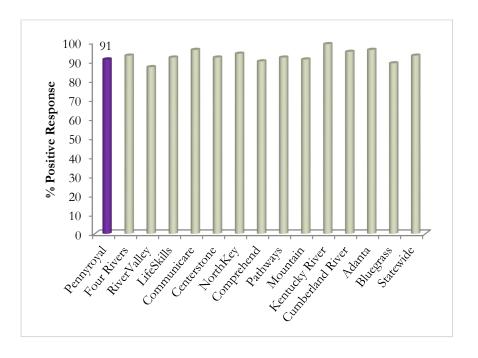
#### **Pennyroyal Totals**



About 91% of respondents positively indicated that staff were sensitive to their cultural/ethnic background in 2018.

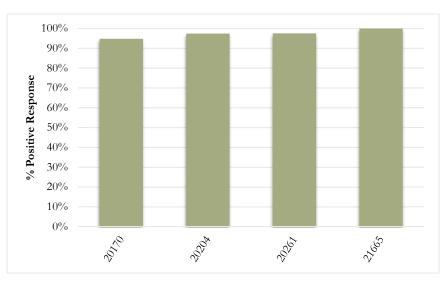
This is a 1% decrease from 2017.





# CULTURAL SENSITIVITY

## Comparison by Site Code



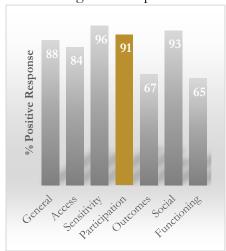


# PARTICIPATION IN TREATMENT PLANNING

#### Overview

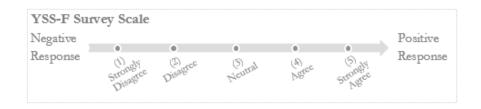
#### **Primary Concerns**

Meaningful Participation in Planning My Child's Service Array



Domain Score (1	l to 5)
General Satisfaction	4.38
Access to Services	4.38
Cultural Sensitivity	4.48
Participation in Treatment Planning	4.39
Outcomes	3.79
Social Connectedness	4.41
Functioning	3.80

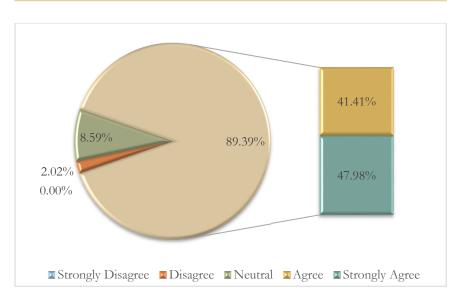
By national standards a domain score of 3.5 or greater indicates that responders, on average, positively perceived the services.



# PARTICIPATION IN TREATMENT PLANNING

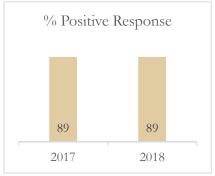
I Helped to Choose My Child's Services

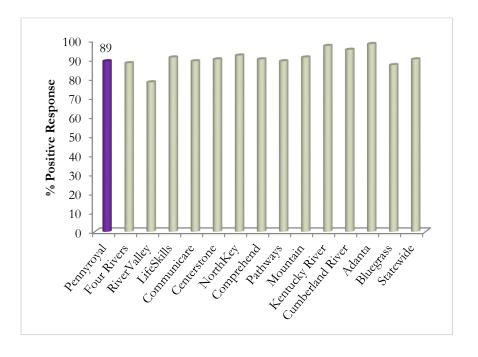
#### **Pennyroyal Totals**



About 89% of respondents positively indicated that they helped to choose their child's services in 2018.

This is about the same as 2017.

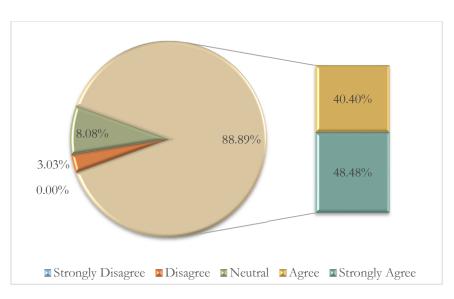




# PARTICIPATION IN TREATMENT PLANNING

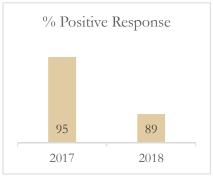
I Helped to Choose My Child's Treatment Goals

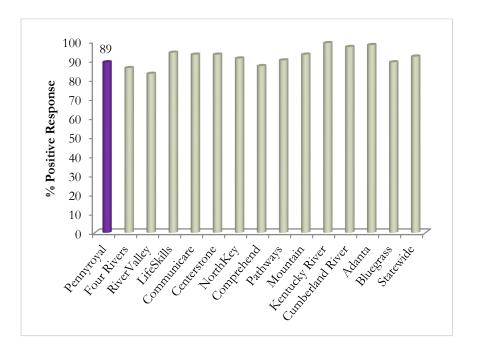
#### **Pennyroyal Totals**



About 89% of respondents positively indicated that they helped to choose their child's treatment goals in 2018.

This is a 6% decrease from 2017.

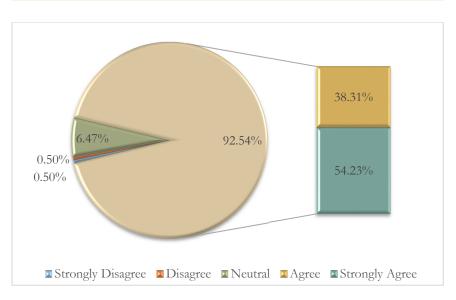




# PARTICIPATION IN TREATMENT PLANNING

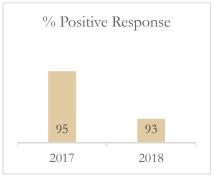
I Participated in My Child's Treatment

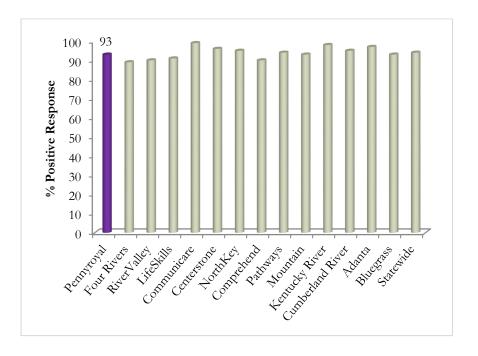
#### **Pennyroyal Totals**



About 93% of respondents positively indicated that they participated in their child's treatment in 2018.

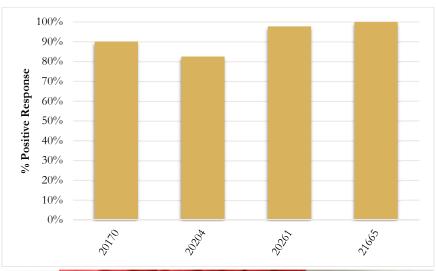
This is a 2% decrease from 2017.





# PARTICIPATION IN TREATMENT PLANNING

# Comparison by Site Code

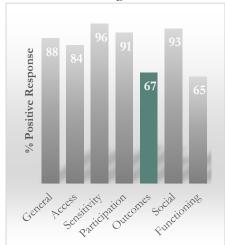




#### Overview

#### **Primary Concerns**

- Minimal Negative Outcomes from Treatment
- Reduced Psychological Distress
- Increased Sense of Personhood
- Increase in Productive Activity
- Coping Capacity
- Positive Changes in Areas for Which Treatment Is Sought



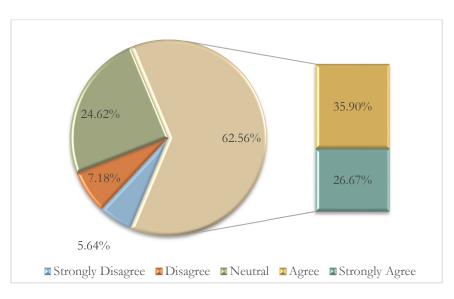
Domain Score (1	to 5)
General Satisfaction	4.38
Access to Services	4.38
Cultural Sensitivity	4.48
Participation in Treatment Planning	4.39
Outcomes	3.79
Social Connectedness	4.41
Functioning	3.80

By national standards a domain score of 3.5 or greater indicates that responders, on average, positively perceived the services.



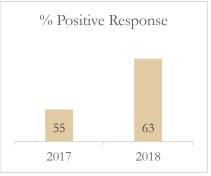
My Child's Symptoms Are Not Bothering Him/Her As Much

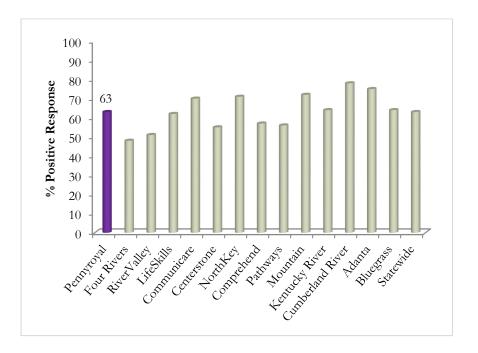
#### **Pennyroyal Totals**



About 63% of respondents positively indicated that their child's symptoms were not bothering him/her as much in 2018.

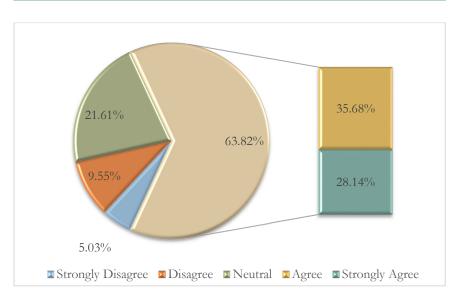
This is a 8% increase from 2017.





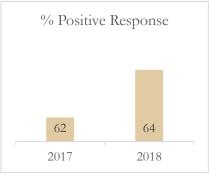
#### My Child Is Better at Handling Daily Life

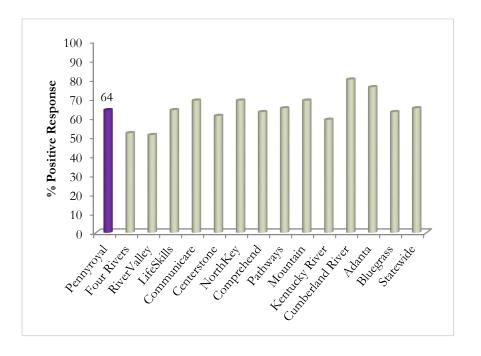
#### **Pennyroyal Totals**



About 64% of respondents positively indicated that their child was better at handling daily life in 2018.

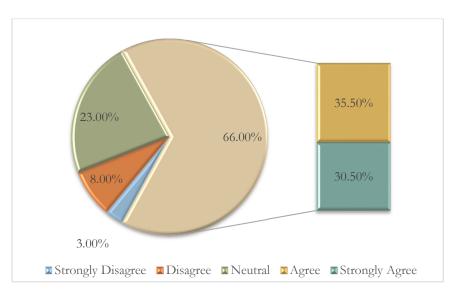
This is a 2% increase from 2017.





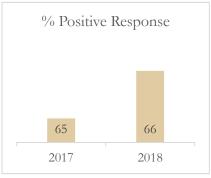
# My Child Gets Along Better with Family Members

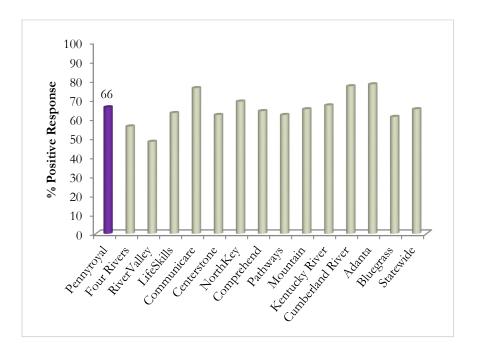
#### **Pennyroyal Totals**



About 66% of respondents positively indicated that their child got along better with family members in 2018.

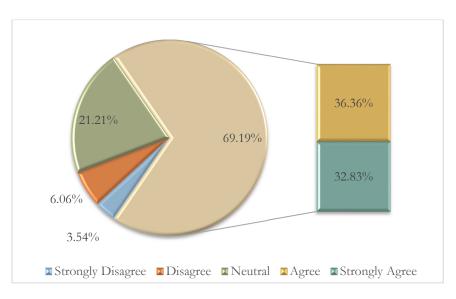
This is a 1% increase from 2017.





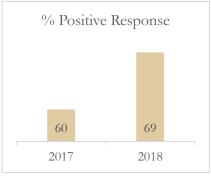
My Child Gets Along Better with Friends and Other People

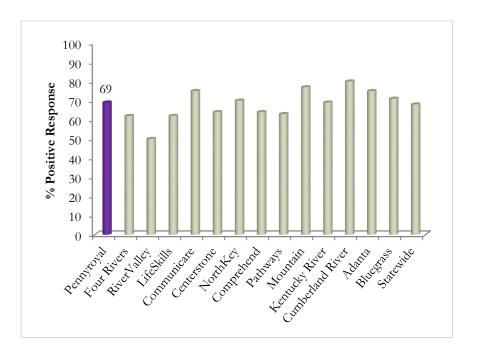
#### **Pennyroyal Totals**



About 69% of respondents positively indicated that their child got along better with friends and other people in 2018.

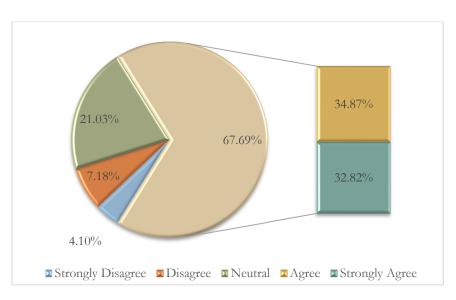
This is a 9% increase from 2017.





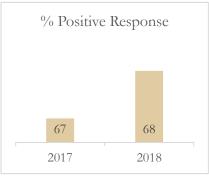
# My Child Is Doing Better in School and/or Work

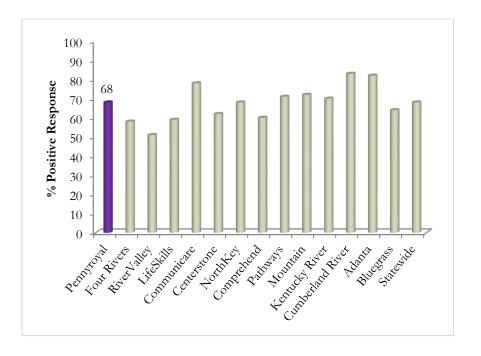
#### **Pennyroyal Totals**



About 68% of respondents positively indicated that their child was doing better in school and/or work in 2018.

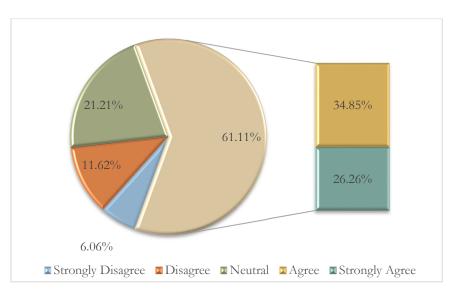
This is a 1% increase from 2017.





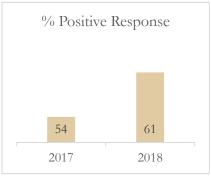
# My Child Is Better Able to Cope When Things Go Wrong

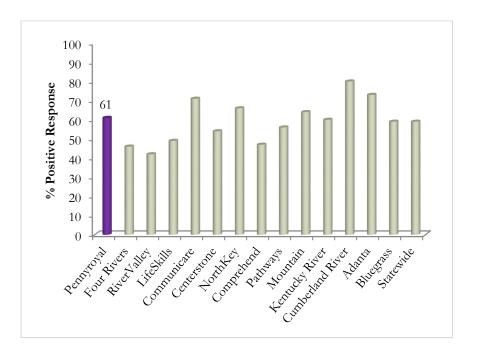
#### **Pennyroyal Totals**



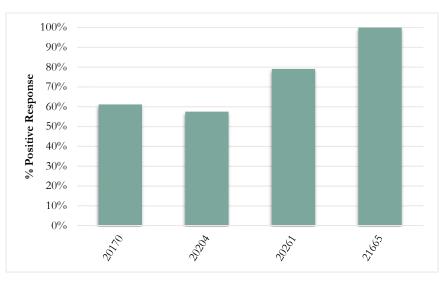
About 61% of respondents positively indicated that their child was able to cope when things go wrong in 2018.

This is a 7% increase from 2017.





## Comparison by Site Code



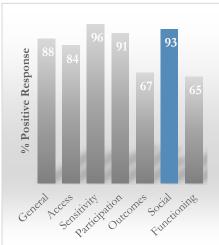


# SOCIAL CONNECTEDNESS

#### Overview

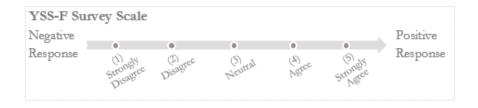
#### **Primary Concerns**

- Increased Natural Supports for Caregiver in Times of Crisis
- Increased Social Activities of Caregiver



Domain Score	e (1 to 5)
General Satisfaction	4.38
Access to Services	4.38
Cultural Sensitivity	4.48
Participation in Treatment Planning	4.39
Outcomes	3.79
Social Connectedness	4.41
Functioning	3.80

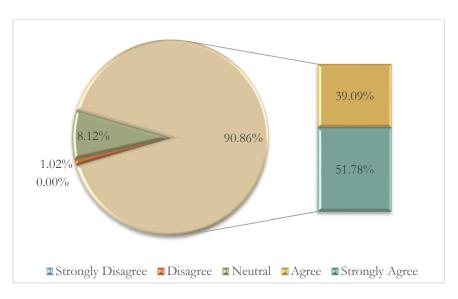
By national standards a domain score of 3.5 or greater indicates that responders, on average, positively perceived the services.



# SOCIAL CONNECTEDNESS

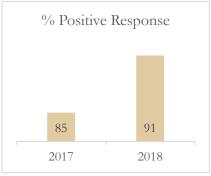
# I Know People Who Will Listen and Understand Me When I Need to Talk

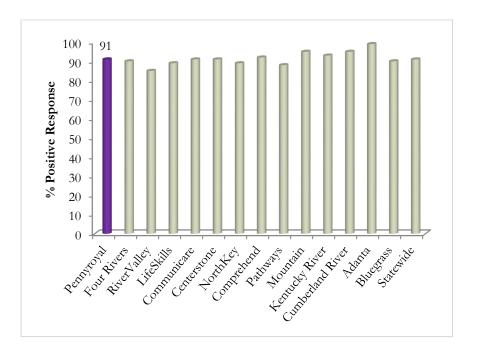
#### **Pennyroyal Totals**



About 91% of respondents positively indicated that they know people who will listen and understand them when they need to talk in 2018.

This is a 6% increase from 2017.

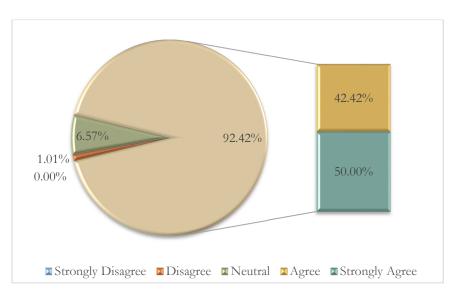




# SOCIAL CONNECTEDNESS

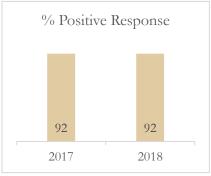
I Have People That I Am Comfortable Talking With About My Child's Problems

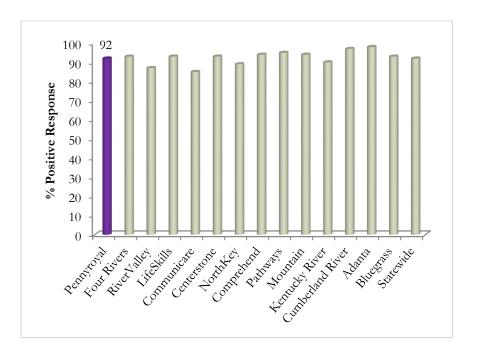
#### **Pennyroyal Totals**



About 92% of respondents positively indicated that they have people that they are comfortable talking with about their child's problems in 2018.

This is about the same as 2017.

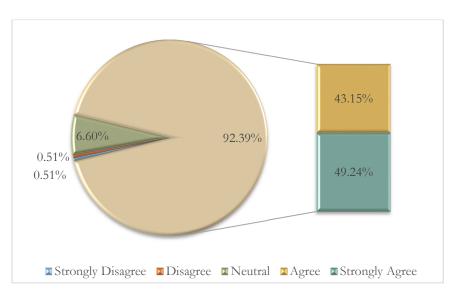




# SOCIAL CONNECTEDNESS

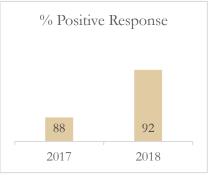
## In a Crisis, I Would Have the Support I Need from Family or Friends

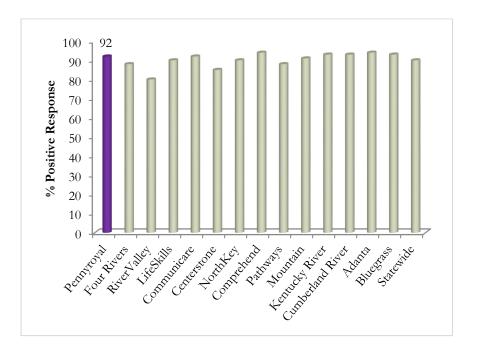
#### **Pennyroyal Totals**



About 92% of respondents positively indicated that they would have the support they need from family or friends in a crisis in 2018.

This is a 4% increase from 2017.

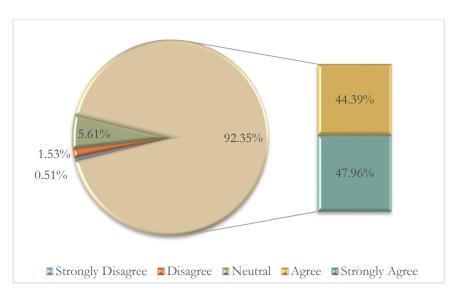




# SOCIAL CONNECTEDNESS

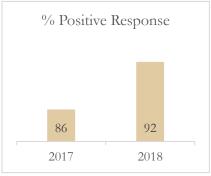
## I Have People with Whom I Can Do Enjoyable Things

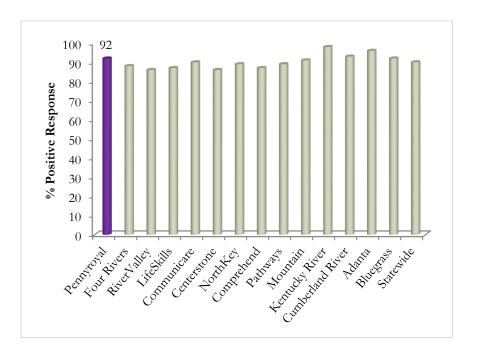
#### **Pennyroyal Totals**



About 92% of respondents positively indicated that they have people with whom they can do enjoyable things in 2018.

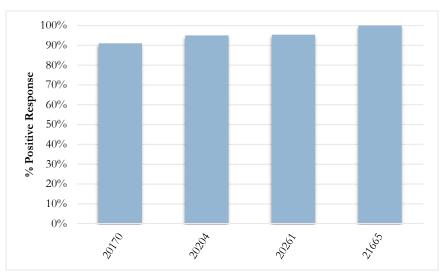
This is a 6% increase from 2017.





# SOCIAL CONNECTEDNESS

## Comparison by Site Code



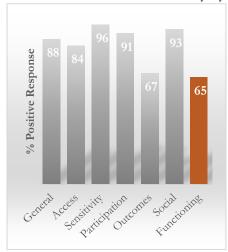


# **FUNCTIONING**

#### Overview

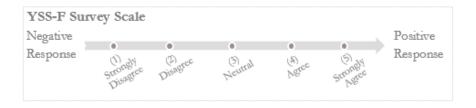
#### **Primary Concerns**

- Increase in Independent Functioning
- Capacity of Independent Community Living
- Meaningfulness of Daily Activities
- Reduced Distress Caused by Symptoms



Domain Score (1	to 5)
General Satisfaction	4.38
Access to Services	4.38
Cultural Sensitivity	4.48
Participation in Treatment Planning	4.39
Outcomes	3.79
Social Connectedness	4.41
Functioning	3.80

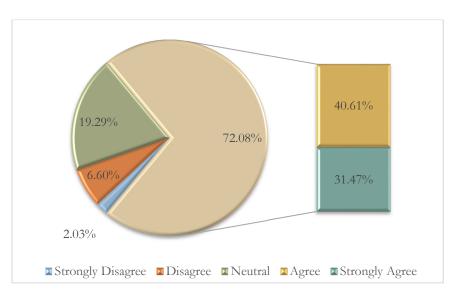
By national standards a domain score of 3.5 or greater indicates that responders, on average, positively perceived the services.



# **FUNCTIONING**

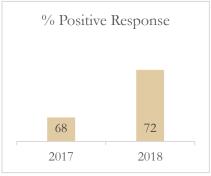
My Child Is Better Able to Do Things He/She Wants to Do

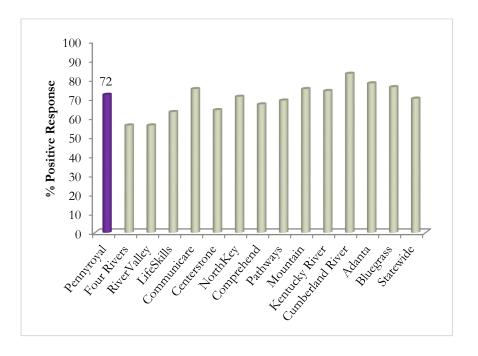
#### **Pennyroyal Totals**



About 72% of respondents positively indicated that their child was better able to do things he/she wanted to do in 2018.

This is a 4% increase from 2017.





# **FUNCTIONING**

## Comparison by Site Code

